

In Case of an Emergency (I.C.E.)
And
Considerations for First Responders and Hospitalization

In Case of an Emergency
I.C.E.

In Case of an Emergency (I.C.E) is a standard term used to document personal information for first responders and emergency healthcare providers for unresponsive patients during a medical emergency.

The information provided should contain the following information:

- Current/past pertinent medical conditions, illnesses, implants and or joint replacements.
- Medications and allergies or adverse reactions to medications.
- Current information of individuals who need to be contacted in the case of an emergency.
- I.C.E information can be kept in a written and or electronic manner.
- If kept in a written form, ensure that it is legible and kept in a safe place in the proximity of medications that first responders will be looking for during a medical emergency. You can also keep a pocket size written form in a wallet or purse.
- You should also share the location of I.C.E. information with trusted individuals who might need to provide this information with first responders and healthcare providers.

- I.C.E information can also be kept on a cell phone. Most phones will have an emergency icon on the navigation page on the phone or an icon on the phone when it is in the lock status. This feature can be download from an apps store provided by the carrier of the phone, and newer cell phones have the feature already installed.
- This information can be accessed without needing passwords and only displays I.C.E. information provided by the owner. To learn more regarding the use of I.C.E. on cell phones, contact you cell phone provider or device manual.

I.C.E. Information Considerations for First Responders and Hospitalization

- I.C.E. Information Considerations for First Responders and Hospitalization is a helpful document that can assist individuals, families, and caregivers plan for medical emergencies with simple, critical information or considerations that may not be able to be communicated to first responders during an emergency.
- This information can be place on the I.C.E. application of a cell phone, mobile device, written down and kept in a secure, convenient location with family, friends, or trusted individuals. Please take some time to review, consider and prepare this information.
- Patient information regarding medical history/illness, medications, and allergies to medications. This should include past surgeries and joint replacements.
- Insurance information for transportation and/or admittance to the hospital.
- Medical directions or wishes, consents/power of medical authority/ Pre-Hospital Medical Care Directive (Do Not Resuscitate) forms from the AZ Attorney General website www.azag.gov/seniors/life-care-planning
- Contact information of family members or friends/neighbors you wish to contact in case of emergency. **Consider cell phones and chargers if you are transported to the hospital.**

- Instructions on how to secure your residence if you need to be transported to the hospital.
- Instructions on how you would like your pets secured or taken care of if you need to be transported to the hospital.
- Instructions for friends or neighbors who are taking care of your concerns if you need to be away from your home for more than 24 hours.